







Early Learning & Homeschool Enrichment SUPPLY LIST

Please send ALL items and clothing labeled with your child's name each day. Without a physical building, we are unable to designate a lost and found area, and we want all of your child's belongings to return safely to use again and again. <u>Shop custom, waterproof labels here</u>: <u>https://tinyurl.com/wxuf7jad</u>.

20% of each purchase made through our unique link will automatically go towards Everwild Forest School's scholarship fund.



Water Repellent Backpack

It is important that your child is able to carry and open their backpack independently. A good rule of thumb is the pack shouldn't be over 10% to 20% of your child's body weight.



2 full reusable water bottles

A total of at least 32 ounces is required



Snacks/lunch in reusable containers

We ask that you unwrap pre-packaged foods like granola bars to avoid trash being accidentally left in the forest. It is recommended to pack food in a hardshell, leak-proof container like this.



Full set of clean clothes

This includes underwear, socks, and gloves.



Dry or wet bag for dirty/wet clothes



Teacup for tea time

We recommend a vacuum-insulated mug or a silicone cup. <u>No glass or non-insulated metal cups.</u>

GEAR LIST

Depending on the season, children will need rain gear, boots, waterproof/warm snowsuits, hats and mittens, sneakers, wool socks, thermal layers, etc. For cold weather please consider the following factors when dressing for Forest School:



Base Layer: Merino wool is the best insulator best as a base layer. The key for this layer is to wick moisture away from the skin and insulate it.



Middle Layer: This is another insulation layer that creates space to help keep warm. Merino wool sweaters and fleece work best.



Outer Shell: This layer should be waterproof and windproof, as well as breathable.

FALL

- Water play gear [waders or tall rain/muck boots]
- Sneakers for running [no open toe shoes]
- Sun Hat [for warmer months]
- Warm Jacket [fleece or other breathable fabric]

WINTER

- Winter hat
- Balaclava or neck warmer
- A pair of waterproof mittens
- A pair of mid layer mittens
- One warm, waterproof snowsuit or snow set
- Warm, waterproof boots
- Wool socks
- Wool base layer set
- Warm middle layer set

SPRING

- Rain gear [waterproof boots, pants, jacket], with extra insulation on colder days
- Wool socks [they insulate even when wet]
- Sneakers for running [please no open toe shoes]
- Sun Hat [for warmer months]
- Warm sweater or jacket for colder days

Gear Library:

We have items in our gear library to lend out to any students that needs specific gear. Please email *ilyse@everwildforestschool.org* with the items you need and sizes. Items we have are mostly boots, rain and snow jackets, snow pants and suits, hats, gloves, and some mid-layers. Additionally, stores and consignment shops are great places to look for children's outdoor clothing at cheaper prices.

